

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-9:10 Xtend Barre	8:15 - 9:15 P ilates Mat	8:15-9:10 Xtend Barre	8:15 - 9:15 Pilates Mat	
	9:30-10:2 Pilates Apparatus		9:00-10:00 Pilates Apparatus	9:00-10:00 Pilates Apparatus
10:00-11:00 Pilates Apparatus	10:00-10:55 Xtend Barre	10:00-11:00 Pilates Apparatus	10:00-11:00 Pilates Apparatus	10:00-11:00 Pilates Apparatus
11:00-12:00 Pilates Apparatus	11:00-12:00 Pilates Apparatus	11:00-12:00 Pilates Apparatus	11:00-12:00 Pilates Apparatus	
1:00-2:00 Pilates Apparatus	1:00-2:00 Xtend Barre Instructor class	1:00-2:00 Pilates Apparatus	1:00-2:00 Pilates Apparatus	
2:00-3:00 Pilates Apparatus		2:00-3:00 Pilates Apparatus	2:00-3:00 Pilates Apparatus	
		3:00-4:00 Pilates Apparatus	3:00-4:30 Voice Lessons	
4:30-5:30 Contemporary	3:30-4:15 Creative Movement 3-4 yrs			
5:30-6:30 Hip Hop 3 <i>(by invitation only)</i>	4:00-5:00 Beg. Kids Yoga 7 yrs & up	4:00-4:55 LiL Hip Hop 5- 7 yrs	4:30-5:15 Beg. Ballet 5-7 yrs	4:30-5:45 Beg./Int Ballet (must be taken w/ Tues Beg/Int Ballet)
		Xtend Barre	4:30-5:45 Pilates Apparatus	
6:30-7:30 Int./Adv. Jazz <i>with a focus on turns & leaps</i>	4:30-5:30 Beg./Int. Ballet (must be taken w/ Thurs Beg/Int Ballet)	5:00-5:45 Beg. Tap	5:30-7:00 Int./Adv. Ballet (must be taken w/ Tues Int./Adv. Ballet)	
	4:30-5:30 Pilates Apparatus	Pilates Mat		
	5:30-6:30 Beg Hip-Hop 1 8yrs &	5:30-6:30 Hip Hop2	7:00-8:00 Teen/Adult Fosse Jazz	
	5:30-7:00 Int./Adv. Ballet (must be taken w/ Thurs)			

	up	Int./Adv. Ballet)		
	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> 7:00-8:00 Xtend Barre </div>		7:00-8:00 Xtend Barre	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> 8:00-9:00 Teen Adult Int./Adv Tap </div>